



Sustainability Activity Checklist

- 1 Buy from / donate to a charity shop
- 2 Use reusable bag/s on your weekly shop
- 3 Upcycle a piece of clothing / furniture
- 4 Buy local produce to cook a meal with
- 5 Take a reusable cup to your local coffee shop
- 6 Air dry your clothes instead of tumble drying
- 7 Show what packaging you've recycled
- 8 Grow your own herbs to use in cooking
- 9 Walk to your destination instead of driving or use public transport
- 10 Upcycle a piece of clothing or your shoes
- 11 Purchase a Fair Trade product
- 12 Make a piece of art out of recycled materials
- 13 Swap meat for a vegan/ vegetarian alternative in a meal
- 14 Reduce food waste - turn into compost or eat leftovers

